

# BE YOUR BEST LACROSSE

## PRESENTS

### 2010 YOUTH SUMMER CAMP

### ESTABLISHED CAMP FOR 8 YEARS

#### Camp Philosophy

Be Your Best camps and clinics promote learning in a fun environment.

- **Camp Shirt/Pinnie & Daily prizes:** "Camper of the day", Hustle Bag, Awards Friday, Gatorade Awards
- **Outstanding instruction - Fundamental drills with an emphasis on improving individual skills**
- **Radar Gun for "Fastest Shot" competition & Lacrosse Olympics & special guests**



SIGN UP ONLINE NOW AT:

[www.BeYourBestLax.com](http://www.BeYourBestLax.com)

Learn from the BEST!

#### Incoming 1<sup>st</sup> to 9<sup>th</sup> Graders

Session 1 - \$195  
Mon. June 28<sup>th</sup> to Fri. July 2<sup>nd</sup>  
8:30 am – 2:30 pm

Session 2 - \$195  
Mon. July 5<sup>th</sup> – Fri. July 9<sup>th</sup>  
8:30 am – 2:30 pm

**BOTH SESSIONS - \$350**  
\$10 off siblings

Clinicians attending at some point of the sessions: Camp Director: David Sowers – Head Boys Lacrosse Coach Hatboro-Horsham High School (2001 to present), Coach of the year 2001, 2004, 2007, Undeclared League Champions 2004, Head Girls Lacrosse Coach Upper Moreland High School, Undeclared League Champions 2001. John Kurek – Hatboro-Horsham High School assistant coach (2001 to present), Kings College lacrosse and football player. Rick Smith – Hatboro-Horsham High School assistant coach (2001 to present), 2x all league player Wissahickon High School, Kevin Kerrigan - Hatboro-Horsham High School assistant coach (2006 to present). Duncan Swezey (Notre Dame), Brian "Shoobie" Schnieder (UMBC), Josh Wilkocz, Gauntlet Walker | Camp Girl Directors: Jacquie Beck (High School Lacrosse Coach), Casey McCartin (Penn State).

### EASY ON-LINE Registration: [www.BeYourBestLax.com](http://www.BeYourBestLax.com)

**Deadline for mail in registration: June 17<sup>th</sup> 2010**

**(PO Box 274 / Dresher / PA / 19025)**

**REGISTER NOW TO GUARANTEE A SPOT**

Circle one: Session 1 / Session 2 / BOTH      Shirt Size: YM / YL / AS / AM / AL

PLAYER NAME: \_\_\_\_\_ GENDER: \_\_\_\_ US Lacrosse #: \_\_\_\_\_

Address: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_

EMAIL: \_\_\_\_\_ School: \_\_\_\_\_ GRADE: \_\_\_\_\_

Parent: \_\_\_\_\_ Emergency Contact #: \_\_\_\_\_

Waiver of Liability: In signing this application, I release Be Your Best Lax. LLC and other involved parties from any claims or responsibility for injuries suffered in the clinics/camps. I knowingly assume all risks associated with participation, even if arising from the negligence of the participants or other, and assume FULL responsibility for my participation. I certify that I am in good physical condition and can participate in this event. Further, I authorize the site director to request medical treatment as necessary to insure my well being.

Athlete: \_\_\_\_\_ Date: \_\_\_\_\_ Parent/Guardian : \_\_\_\_\_ P/G Signature: \_\_\_\_\_

Health Insurance Provider: \_\_\_\_\_ Policy #: \_\_\_\_\_